

## **H1N1 (SWINE FLU) INFORMATION AND LINKS**

Residents should follow the precautionary guidance of health officials and stay informed of the situation through county and state health resources. People who are sick with flu-like symptoms should stay home or go to a health care provider if they become seriously ill. The City of Mountlake Terrace will continue with its strategy of public education, prevention, and coordination with Emergency Services Coordinating Agency. Protecting public health and safety during this event is the first priority. State Department of Health H1N1 update Web site <http://www.doh.wa.gov/h1n1/>. DOH swine flu information telephone line, 1-888-703-4364, provides prevention advice in English and Spanish. The Centers for Disease Control and Prevention ([www.cdc.gov/h1n1flu/index.htm](http://www.cdc.gov/h1n1flu/index.htm)) has the latest information on the national disease investigation. For more information and for details, please visit the following: [www.doh.wa.gov](http://www.doh.wa.gov) (State Department of Health); [CDC](#); [CDC Fact Sheet](#); [CDC Fact Sheet in Spanish](#); [WHO](#); Snohomish Health District's Web site at [www.snohd.org](http://www.snohd.org); Sign up for Twitter updates at [http://twitter.com/SnoCo\\_DEM](http://twitter.com/SnoCo_DEM)

Call 425-388-5060 with questions from 9 a.m. to 4 p.m. each day of the week, including weekends. E-mail [flu@snoco.org](mailto:flu@snoco.org). [Edmonds School District](#) for current school updates. For more information on flu vaccine availability, call (425) 339-8627 or go to [www.snocoflu.com](http://www.snocoflu.com). For more information click on [What's the Story?](#)